

## BEFORE YOU BEGIN:

- Make sure you are in a private, quiet setting with reliable Wi-Fi or cellular service.

## CONDUCTING YOUR VISIT:



Locate your appointment confirmation email from [noreply@ottohealth.com](mailto:noreply@ottohealth.com). Easy to follow steps are included in your appointment confirmation email.

- If you do not see an email from ottohealth.com, check your junk/spam folder.
- If you still do not see an email, or have not received a text message, contact us at (908) 508-0400 Option 4.




Click the secure link in the email/text to join your visit.

1. Click on the **Test My Device** feature prior to joining your visit to make sure you are on a supported device.
2. You will be taken to a welcome page. Click **Let's Go!**
3. You may be prompted to complete a few questions that will be shared with your provider.
4. Review the content on the Terms of Use page and follow the prompts to proceed with your visit.



Click **Join Visit** Your provider will connect with you as soon as they are ready.

- You can click  at the bottom of the screen to send a message to your provider at any time.

Once you have finished your visit, click **End Visit** and a summary of your appointment will be emailed to you.